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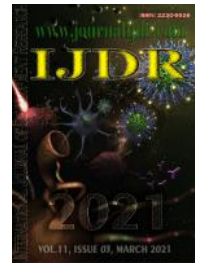
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CASE REPORT

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ALKASITE: A NEW ALTERNATIVE TO AMALGAM? - CLINICAL CASE REPORT

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ABSTRACT

Restorative materials have been constantly evolving over the years with the search for physicochemical characteristics that are similar to tooth structures. Ideally, the main characteristics that are expected of a direct restorative material are its ability to withstand masticatory forces, dimensional stability, marginal sealing, biocompatibility, smoothness, aesthetics, the ability to prevent the recurrence of new caries, as well as not presenting postoperative sensitivity. Glass ionomer cements, silver amalgam and resin composites were the only alternatives for direct restorations until the recent introduction of a group of polymers known as alkasites (or alkenoids). Marketed as CentionN, this material is intended for direct restorations in posterior teeth, has similar colors to teeth, and promises to be able to release calcium ions (Ca^{2+}), fluorine (F^-) and hydroxyl (OH^-) in the face of an acid challenge. It is a material with a dual cure reaction, of optional association to the use of adhesive systems, which has good performance in laboratory tests, but still has few reported clinical evaluations.

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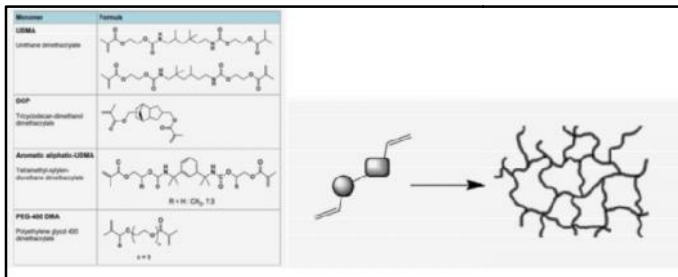
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INTRODUCTION

Aesthetic dentistry has shown many advances in the area of dental materials and technology, and has led to an increase in aesthetic procedures, both in anterior and posterior teeth^{2,5,9,10}. This search for improvements, and the attempt to develop biocompatible materials that replace the lost dental tissue, has led to the development of materials that present better mechanical characteristics, which when combined with their favorable aesthetic characteristics, can be used in posterior and anterior teeth⁹. Amalgam was first introduced in western dentistry in the nineteenth century and, to this day, it plays an important restorative role, especially in patients who have a high risk of caries^{15,16}. Glass ionomer cements (GICs) were introduced in the 70s, thus increasing the collection of restorative materials as an important material for the prevention of caries, by acting as a reservoir of fluoride ions in the oral cavity¹⁴. However, in the 80s, composite resins emerged as a way to perform direct restorations, meeting the aesthetic requirements of patients and professionals. Compomers or resins modified by ionomers were introduced in the 90s in an attempt to add the important characteristics of glass ionomer cement to those of composite resins. The current decade has also seen the launch of specific resins for large coronary fillings (Bulk fill)^{3,4,8}, in an attempt to suppress some operational and handling limitations of traditional composite resins. Amalgam is a secular restorative material with scientific evidence of clinical success¹⁶. To date, it is the material of choice for subsequent restorations in patients at high risk of caries or who, for example, do

not meet other requirements for the use of composite resins (e.g., the impossibility of rubberdam isolation). Taking into account the dark color of the material and observing it from the perspective of the requirements of a preparation with specific characteristics, the restorative technique and the presence of metal in its composition, many questions are made nowadays with the aim of replacing the use of silver amalgam with other materials, with more attractive aesthetic characteristics and with greater simplicity of the operative technique¹². According to the manufacturers, alkasites (or alkenoids) are a new category of inorganic matrix (Figure 2) that, in addition to an organic matrix (polymerizable monomers with two methacrylate groups in the liquid portion of the material), represent 21.6% by weight of the material, plus chemical polymerization initiators and catalysts, among other additives, which correspond to approximately 12 to 40% of the mass of the final material. A combination of UDMA, DCP, aromatic aliphatic UDMA and PEG-400 DMA, cross-linked during polymerization, help confer mechanical strength and good long-term stability. The material does not contain Bis-GMA, HEMA or TEGDMA, and UDMA is the main component of the organic matrix. In addition to presenting moderate viscosity, it does not have hydroxyl side groups, giving hydrophobic characteristics to the material, and low water absorption. It has the low viscosity, bifunctional methacrylate DCP monomer, which facilitates handling, and a cyclic aliphatic structure of aromatic UDMA (partially aromatic urethane). According to the manufacturer, dimethacrylate is a high viscosity hydrophobic reticulation agent that combines the properties of aliphatic (low tendency to discoloration) and aromatic (hardness) diisocyanates and, combined with PEG-400

DMA, increases the fluidity of the material and confers the hydrophilicity necessary in order to promote affinity to the wet substrate of the cavity preparation (enamel and dentin), adapting the material to the smear layer. DCP is a low viscosity bifunctional methacrylate monomer, which allows manual mixing of the material. The aromatic aliphatic UDMA is a high viscosity hydrophobic cross-linker that combines the properties of aliphatic (low tendency to discoloration) and aromatic (hardness) diisocyanates. The association of these cross-linked methacrylate monomers with polymerization initiators exhibits a high density of polymeric network, with a high degree of conversion, cross-linking and polymerization throughout the depth of the material in the restoration, which, according to manufacturers, guarantees stability and long duration of the restorations¹⁷.



Source: Scientific documentation, Ivoclar Vivadent, October 2016.

Figure 1. Monomers of the organic matrix and their schematic representation (table on the left) and representation of the monomeric crosslinking in a polymer network, after polymerization of the material (representation on the right)

One of the main properties of the material is its flexural strength and hardness⁰³ (greater than 100 MPa, ISO 4049), good behavior in relation to the compressive strength¹³, its resistance to abrasion^{1,2,4,9,14}, which is achieved by the presence of such an inorganic matrix (Figure 2) found in the powder of the material, with particles whose surface is modified to ensure that the wettability by the liquid and the incorporation into the polymer matrix. This consists of aluminum silicate glass and barium, ytterbium trifluoride, isofiller (tetric n-ceramer technology), a calcium fluorosilicate glass and aluminum, calcium fluorosilicate glass (with alkaline characteristics), with particle sizes between 0.1 μm and 35 μm .

Filler	Function
Barium aluminium silicate glass	Strength
Ytterbium trifluoride	Radiopacity
Isofiller	Shrinkage stress relief
Calcium barium aluminium fluorosilicate glass	Strength, fluoride release
Calcium fluoro silicate glass	Ion release F ⁻ , OH ⁻ , Ca ²⁺

Figure 2. Composition of the inorganic matrix and its functions in the material. Source: Scientific documentation, Ivoclar Vivadent, October 2016

Clinical Case Report: The patient, M. V. P. S., 37 years old, female, sought the Única Cursos Avançados's clinic of the Dentistry specialization course for dental consultation.



Figure 3. Initial aspect of unsatisfactory restorations

The patient reported dissatisfaction with her existing restorations and inquired about the possibility of replacing these restorations. X-rays were taken of the lower molars, since there were fractured restorations that showed clinical and radiographic signs of marginal infiltration in the elements 48, 47, 46 (Figures 3 and 4).



Figure 4. Initial appearance of the elements to be restored

The patient was informed about the possibilities of treatment and materials to be used. With the possibility of using the material Cention N (Ivoclar Vivadent), the entire procedure that was to be performed was explained to the patient, who signed the informed consent form (ICF), which was filed in her dental records. Dental dam isolation was performed and removal of the unsatisfactory restorations of elements 46, 47 and 48 was performed (Figure 5).



Figure 5. Dental elements under rubber dam isolation

The removal of the old restorations was done with a spherical, diamond tip 1014 (KG Sorensen, Cotia, SP, Brazil). The preparation and finishing of the cavities consisted of the removal of the pre-existing restorative material and the removal of the remaining carious dentin with a multi-laminated spherical drill, at a low rotation (Figure 6).



Figure 6. Removal of restorative material and removal of remaining decayed tissue

As one of the recommendations of the manufacturer is to perform its application without the use of adhesive, after cleaning the cavity with water, the restorative material was spread and applied with precision applicator (Centrix Syringe System for Materials Application - DFL, Rio de Janeiro - RJ, Brazil). Considering the mixing time (45 to 60 sec), working time (2 min 30 sec) and fixing time (4 min), immediately after the application, the anatomy and removal of excess material was performed. Proximal contact between molar and premolar was obtained using a simple metal matrix, stabilized with a Tofflemire retainer^{6,11}. After restoration of all the elements, carried out one by one, the rubber dam isolation was removed and the contact points checked, and appropriate adjustments were made (Figure 7), without performing light curing⁷.



Figure 7. Final aspect of the restorations performed

A new X-ray was done after the checking of proximal and occlusal contacts (Figure 8) and the patient was then released.



Figure 8. Final radiographic appearance of the restored elements

DISCUSSION

Currently, new bioactive materials have been introduced into the dental market. This designation is due to the fact that they are restorative materials that have particles in their composition that are capable of interacting directly with the dental structure, and releasing and recharging fluorine ions, thus enabling the remineralization of tooth enamel and increasing resistance to bacterial colonization¹⁷. Cention N is described as a new filler material that belongs to the group of materials known as alkasites. This alkaline particle is patented and proposes to increase the release of hydroxide ions to calcium and fluorine ions, thus helping in the remineralization of tooth enamel, with a low level release of fluorine ions in neutral pH, though in acid pH, the release of fluorine ions is increased¹⁷. Cention N is a colored restorative material for

direct restorations. It is self-curing with optional additional light curing. Cention N is available in tooth color A2 and is radiopaque. As a double polymerization material, it can be used as a full volume (bulk) replacement material⁷. The optional photopolymerization is performed with blue light in the wavelength range of approximately 400-500 nm, extending the versatility of use of the material, since it is associated with the various types of light apparatus. It consists of a separately packaged powder and liquid that are mixed manually before being used. One spoonful of powder is used per 1 drop of liquid, corresponding to a powder weight /liquid ratio of 4.6 to 1. The liquid comprises dimethacrylates and primers, while the powder contains various glass fillers, primers and pigments. It includes a special patented particle (Isofiller). The isofiller acts as a relief from the shrinkage stress of the contraction forces during polymerization. According to the manufacturer, it acts like a slowly expanding spring between the particles as they grow during polymerization. In addition, the organic/inorganic ratio and the monomeric composition of the material account for its low volumetric shrinkage^{9,17}.

Cention N is intended for the restoration of Class I, II or V cavities in deciduous and permanent teeth. Cention N can be used with or without an adhesive. If it is used without an adhesive, then a retentive preparation (with lower cuts) similar to that used with amalgam restorations¹⁵ is required, and the edges of the enamel should not be beveled¹². If it is used with an adhesive, then the cavity should be prepared according to modern principles of minimally invasive dentistry, that is, preserving as much the natural dental structure as possible, and the corresponding instructions for use should be followed with regard to storage and application. It consists of four different dimethacrylates that account for 21.6% by weight of the final mixed material. A combination of UDMA, DCP, aromatic aliphatic UDMA and PEG-400 DMA (see Figure 1), interconnects (cross-links) during polymerization, resulting in strong mechanical properties and good long-term stability. Cention N does not contain Bis-GMA, HEMA or TEGDMA. UDMA is the main component of the monomeric Matrix. It features moderate viscosity and strong mechanical properties. UDMA also does not have hydroxyl lateral groups, i.e., it is hydrophobic and exhibits low water absorption. DCP is a low viscosity, difunctional methacrylate monomer that allows for the manual mixing of Cention N. Its cyclic aliphatic structure also ensures strong mechanical properties. Aromatic aliphatic UDMA is a partially aromatic urethane. Dimethacrylate is a high viscosity hydrophobic crosslinking agent that combines the properties of aliphatic (low tendency to discoloration) and aromatic (hardness) diisocyanates¹⁷. PEG-400 DMA is a liquid monomer that increases the fluidity of Cention N.

Its hydrophilia also promotes the ability of Cention N to an intimate contact with the damp tooth substrate (enamel and dentin) and adapt to the smear layer, when it is not used with an adhesive system. Due to the unique use of cross-linked methacrylate monomers in combination with an efficient self-healing primer, Cention N exhibits a high density polymeric network and polymerization throughout the depth of the restoration. This is a good basis for a long duration of restorations. Considering all the properties and characteristics proposed by the material, its handling, spreading and the preparation of the material, even if with limited preparation time of up to 2 min, it proved to be simple to use. However, it did present one major problem, which was the time required for spatulation and insertion of the material into the cavity, and

this may be a limitation for the clinical professional. As one of the features of the material is that it can be used without acid and adhesive conditioning, the restorations in this case were made directly and, after the total of 4 min fixing time, a light curing (optional) could have been done. After checking for contact and wear, the material showed a rough appearance, without the necessary smoothness to avoid plaque accumulation and possible development of secondary caries. One could also point out greater color options (range of colors), translucency, or even the most practical packaging option, such as powder and pre-dosed liquid (encapsulated), as in the case of some types of GICs made by other brands. In the clinical case presented, these aspects were not decisive, but may serve as a guide in the development of new products in the future.

CONCLUSION

Cention N is a new material on the dental market, and may be a good choice since it is economical and easy to handle. Despite its reduced working time, it has positive characteristics and qualities that are clinically similar to other materials.

Conflicts of interest: The authors declare that there are no conflicts of interest that could constitute an impediment to the publication of this article.

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